# **OVERVIEW**

This seminar will bring together national and local speakers to discuss updates in the care of mothers, babies and families.

# **AUDIENCE**

This activity is designed to meet the educational needs of OB/GYN, internal medicine, family medicine physicians and pediatricians. It may also meet the educational needs of midwives, nurse practitioners, physician assistants, nurses, students and other healthcare professionals working in a hospital, prenatal clinic or office setting.

# LOCATION

Radisson at The University of Toledo is located at 3100 Glendale Ave., Toledo, Ohio, with convenient access from I-75, I-475, US-23 and the Ohio Turnpike.

# **ACCOMMODATIONS**

If overnight accommodations are required, contact Radisson at The University of Toledo 419-381-6800. (Radisson.com/Toledo) Please mention the ProMedica conference when making reservations to receive the conference room rate.

Other hotels in the area include: Days Inn Toledo, 419-666-5120 or Comfort Inn South Northwood, 419-666-2600.

# **FACULTY**

# Angie Bauman, RN, BSN, IBCLC

Parent Instructor/Lactation Consultant Labor and Delivery ProMedica Toledo Hospital Toledo, Ohio

# Catherine Bennett, MSN, APN/CNS

Perinatal Clinical Nurse Specialist Advocate Lutheran General Hospital Park Ridge, IL

# Amy Bitto, RN, MSN

Supervisor, Patient Care Obstetrics ProMedica Toledo Hospital Toledo, Ohio

# Shannon Canterbury, CNP

Certified Nurse Practitioner Newborn Intensive Care Unit ProMedica Toledo Children's Hospital Toledo, Ohio

# Nancy B. Carroll, MD

Child and Adolescent Psychiatry Kindervater and Carroll, LLC Perrysburg, Ohio

# Joan Duggan, MD, FACP, FIDSA

Chief, Division of Infectious Diseases Professor, Internal Medicine, Physiology, Pharmacology, Metabolism and Cardiovascular Toledo, Ohio Science, Microbiology and Immunology Director, Infectious Diseases Fellowship Director, Ryan White Clinics The University of Toledo Toledo, Ohio

# Lorraine M. Fay, MD

Pediatrician Harbor Developmental and Behavioral Pediatrics Professor, Maternal Fetal Medicine Toledo, Ohio

# Dodi Gauthier, M Ed, BSN, RNC-OB, C-EFM

Coordinator Perinatal Education and Maternal Transport Cottage Health System Santa Barbara, California

# David A. Harper, MD

Obstetrics, Gynecology ProMedica Women's Services Toledo, Ohio

# Erin C. Marten, CNM

Advanced Practice Midwife Mercy Women's Health, Physicians and Midwives Toledo, Ohio

# Ann G. Roach, RN, MSN, RNC-OB, RNC-MNN, ACNS-BC

Nurse Manager Family Birthing Center Cleveland Clinic Medina Hospital Medina, Ohio

# Mary Sartor, SND, MA

Director of Education/FASD Specialist Double ARC Sylvania, Ohio

# Kim Schimmel, RN, IBCLC

Parent Instructor/Lactation Consultant Labor and Delivery ProMedica Toledo Hospital Toledo, Ohio

# Shawna Shafer, DO

Neonatalogist Northwest Ohio Neonatal Associates, Inc.

# Diana Tolles, RN, MSN, RNC-OB

Educator Obstetrics ProMedica Toledo Hospital Toledo, Ohio

# James W. Van Hook, MD

Department Chair Obstetrics and Gynecology The University of Toledo Medical Center

# PROMEDIC

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# 2<sup>ND</sup> ANNUAL

erinatal

Diseases, Drugs, Moms and Babies, Oh My!

2017 26,

to 4:45 p.m. Registration: 7 a.m. Conference: 8 a.m.

Radisson at The University of Toledo Toledo, Ohio

ProMedica's Continuing Medical Education Department presents









# Perinatal Conference

Diseases, Drugs, Moms and Babies, Oh My!

# WEDNESDAY, APRIL 26, 2017

Registration: 7 a.m.

Conference: 8 a.m. to 4:45 p.m.

Radisson at The University of Toledo 3100 Glendale Ave. Toledo, Ohio 43614



42<sup>ND</sup> ANNUAL

# Ferinatal Conference

Diseases, Drugs, Moms and Babies, Oh Mv!

WEDNESDAY, APRIL 26, 2017

Registration: 7 a.m. Conference: 8 a.m. – 4:45 p.m.

# REGISTRATION FORM

DUE BY: THURSDAY, APRIL 20, 2017 or until maximum capacity is reached.

Fee: \$80	Fee includes continent	al breakfast, lunch, afte	rnoon snack and conference materials
Name			Credentials
Home add	dress		
City		State	Zip
Home phone		Cell pho	one
Office ph	one		
Email add	lress (required)		
Employer			
Please ch	eck your primary discipli	ne:	
□ MD/D0	D □ Nurse □ CNM	□ PA □ Other	
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	dicate below which pre e for each session.	sentation you would i	ike to attend.
Breakout	Session A □ 1) SI	kin to Skin in the OR	$\square$ 2) Kangaroo Care
Breakout	Session B □ 1) O	B Simulation	☐ 2) NRP Simulation
Method o	of Payment: Payment is	required to process r	egistration.
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Continuing Medical Education Department

5217 Monroe Street, Suite B-B

Toledo, Ohio 43623

**419-479-6003** Credit card number required to process registration.

kimberly.roberts@promedica.org

# 42ND ANNUAL Perinatal Conference

# Diseases, Drugs, Moms and Babies, Oh My!

# **AGENDA**

7 a.m. Registration and Continental Breakfast

7:55 a.m. Welcome and Introductions

8 a.m. Substance Use Disorders in Pregnancy

James W. Van Hook, MD

- Discuss basis of addiction in adults.
- Identify gender differences in diagnosis and treatment of substance use disorders.
- Explain effects of commonly abused substances during pregnancy.
- Describe basic understanding of what constitutes substance use disorder recovery.

# 8:45 a.m. Fetal Alcohol Syndrome

Nancy B. Carroll, MD; Lorraine M. Fay, MD; and Mary Sartor, SND, MA

- Describe various alcohol screening methods and brief intervention as effective tools in preventing fetal alcohol spectrum disorders (FASD).
- Investigate prevalence and primary physical, behavioral and cognitive disabilities associated with prenatal alcohol exposure.
- Describe effects of prenatal alcohol exposure as a person moves through the life continuum.

# 9:45 a.m. Break and Exhibits

10 a.m. Breakout Session A

# Skin to Skin in the OR

Dodi Gauthier, M Ed, BSN, RNC-OB, C-EFM

- Illustrate benefits of "skin-to-skin" and how to get "buy-in" from others in the OR.
- Discuss barriers for practice change for "skin-to-skin" bonding in the OR

# Kangaroo Care

Kim Schimmel, RN, IBCLC and Angie Bauman, RN, BSN, IBCLC

- Describe how to overcome barriers to Kangaroo Care immediately after delivery.
- Name two reasons Kangaroo Care is beneficial for mom and baby in the first hour after delivery and beyond.

# 10:30 a.m. Moms with HIV Having Babies

Joan Duggan, MD, FACP, FIDSA

- Identify CDC treatment strategies to prevent transmission of HIV from mother to child.
- Review Ohio state law and CMC recommendations regarding HIV testing in pregnancy.

# 11:15 a.m. Breakout Session B

### 1) OB Simulation

Amy Bitto, RN, MSN; David A. Harper, MD;

Diana Tolles, RN, MSN, RNC-OB

• Demonstrate best practice for clinical management of obstetric emergencies.

# 2) NRP Simulation

Shannon Canterbury, CNP; Shawna Shafer, DO

• Demonstrate best practice for clinical management of neonatal resuscitation.

# 12 p.m. Lunch

# 12:45 p.m. Postpartum Depression

Erin C. Marten, CNM

- Review perinatal depression and recent accepted definitions.
- Cite recent guidelines for postpartum depression screening.
- Identify local quality improvement project to increase screening and follow-up.
- Discuss why an increase in depression screening frequency is important for the health and well-being of patients.

# 1:30 p.m. Glucose Gel

Catherine Bennett, MSN, APN/CNS

- List treatment options for neonatal hypoglycemia.
- Discuss outcomes for hypoglycemic infants treated with glucose gel.

# 2:15 p.m. Break and Exhibits

# 2:30 p.m. Communication – Can We Talk?

Dodi Gauthier, M Ed, BSN, RNC-OB, C-EFM

• Outline five common areas of possible miscommunication in the obstetrical environment and offer a solution for improving each of those areas.

# 3:30 p.m. Everything I Know About OB, I Learned from My Mother

Ann G. Roach, RN, MSN, RNC-OB, RNC-MNN, ACNS-BC

- Identify one measure that may bring comfort to a mother experiencing perinatal loss.
- Review a consideration in monitoring the obese pregnant laboring patient.

4:30 p.m. Evaluation

4:45 p.m. Adjournment

For your comfort, please bring a sweater or jacket to the conference.

# **EDUCATIONAL CREDITS**

ProMedica is accredited by the Ohio State Medical Association to provide continuing medical education for physicians.

ProMedica designates this live educational activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 7 hours of AMA PRA Category 1 Credit<sup>™</sup> for completing this program.

ProMedica is an approved provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) (OH-069, 4-1-2018)

# **REFUND/CANCELLATION POLICY**

The registration fee, minus a \$25 administrative fee, will be refunded if a cancellation is received (in writing or by phone) no later than Thursday, April 20, 2017. Refunds will not be given for failure to attend. Substitutions may be made at any time (in writing or by phone) without an additional charge. If this meeting is cancelled for any reason, including labor strikes or acts of nature, liability is limited to a full refund of registration fees.

For more information, please call the ProMedica Continuing Medical Education Department at 419-291-4650.



We ask you to help support ProMedica's fight against hunger by donating a non-perishable food item to this conference which will be donated to a local food bank. Thank you!